

**Social Skills – Parent Note**

Your child just completed a social skills lesson. The topic was:

***I Can Tackle Test-Taking.*** Your knowledge of this lesson may help you to help your child generalize the skills to other environments.

**What he/she learned:**

* **We have different feelings when taking tests (i.e. nervous, worried, anxious, etc.) These feelings can affect how we do on the tests, so we need to get them under control.**
* **We know we need to study before tests, but there are things we can do during tests that can help us.**
* **5 Test-Taking Tips**
1. **read the directions**
2. **pace yourself**
3. **read the whole question and all of the choices**
4. **focus on the stuff you know**
5. **check your work**
* **Children were reminded that they might not ace every test, but they can try their best on every test**
* **So what do YOU think?**

**Your child received a Lesson Summary magnet:**

**If you have a moment, email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with any information that might help your child for the next lesson on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_. THANK YOU!!**