**ACTIVITY: FEELING LEFT OUT**

**SOCIAL SKILLS MODULE: I CAN HANDLE CLIQUES**

(adapted from *Activities That Teach,* Tom Jackson, 2003)

**TIME FRAME:** 10 minutes plus discussion

**MATERIALS NEEDED:** none

**PROCEDURE:**

Have the entire class sand up and gather in a circle. Explain that the object of this activity will be to follow the commands you give. You will call out a number and they will have to form themselves into groups that are made up of that number. **Tell the group that the rule is that** **you have to find different people with each command**. (Be sure that the group mills around. If they don’t, then the same people will always group together.) For the first few times, let them practice and see how fast they can do it. **If there are any people left over after the groups** **have been formed, have them move to the wall.** For example, call out #3. Everyone has to find two others to form a group of three people.

After a few practice rounds, begin the game. Continue calling out different numbers until only a small odd number of people are left. Then call out the number two. Someone will be out and the remaining couples are the “winners”. \*If possible, play this elimination round twice before ending the game and having the group discussion.

**DISCUSSION QUESTIONS:**

1. **Was there anything hard about this activity? What was it?**
2. **How did you feel when you were not able to join a group and were out of the game?**
3. **What words can we use to describe these feelings?**
4. **How easy was it to keep finding a new group to join every time a different number was called?**
5. **What can this activity teach us about cliques?**